

preparation for peel treatment

You will be having a light peel treatment on the day of your appointment. Please follow the outline below to prepare.

- Use of PCA SKIN® daily care products prior to your peel will prepare the skin and allow for better treatment results. This is recommended but not mandatory. Please consult your physician or skin care clinician for appropriate recommendations for your skin type and condition.

It is recommended that you take the following into consideration:

- For best results, it is recommended that you use PCA SKIN daily care products 10 to 14 days prior to treatment.
- If you are lactating, pregnant or may be pregnant, only an **Oxygenating Trio** or **Detox Gel deep pore treatment** is appropriate. Consult your OBGYN before receiving treatment.
- Do not go to a tanning bed two weeks prior to treatment (this practice should be discontinued) due to the increased risk of skin cancer and signs of aging.
- It is recommended that sun exposure be avoided 10 days prior to treatment.
- It is recommended to delay use of Retin-A®, Renova®, Differin®, Tazorac® or Avage® and high-percentage glycolic acid products for approximately five days prior to treatment. Consult your physician before temporarily discontinuing use of any prescription medications.

These superficial peels will result in little to no downtime. Treatments may cause slight redness, tightness, peeling, flaking and/or temporary dryness. Most patients find it unnecessary to apply makeup, as the skin will be smooth, dewy and radiant following your treatment. If you would like to apply makeup, allow approximately 15 minutes for the pH of the skin to stabilize before applying foundation.